



EXPERIENCE

A U R A  
SPA & HEALING TEMPLE

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**KAHAN | HOLISTIC | 90 MIN • 60 MIN**

This healthy therapy uses traditional techniques to integrate a fully physical, energetic and emotional experience into a full body relaxing massage that creates harmony to restore the balance between you and the environment, balancing the energy that flows into the body, using several intuitive techniques of therapy to relax your mind, body and spirit.

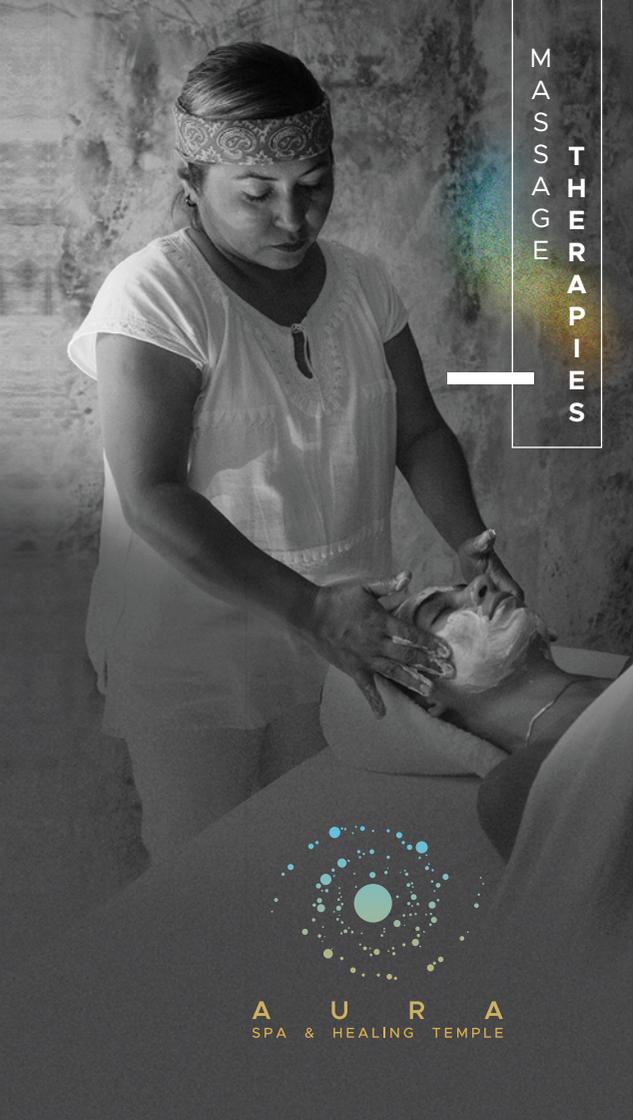
**CHOKÓH TUUNICH | STONE MASSAGE | 90 MIN**

Forget stress and tension with this rhythmic massage. Combining massage techniques and vibratory movements, the therapist will slide and place hot stones on your skin at strategic pressure points to eliminate muscle tension and discomfort caused by stress. This luxurious massage will deeply relax your body and mind.

**KI'IBOKIL | AROMATHERAPY | 90 MIN • 60 MIN**

Using the technique of the classic Swedish massage. We created a new experience for your senses through a mixture of organic aromas with a full body massage of fluid and rooted movements throughout the body, to create a fully relaxation experience.



A black and white photograph of a female therapist with a patterned headband, wearing a white short-sleeved top, performing a facial massage on a client lying on a table. The therapist's hands are gently touching the client's face. The background is a textured wall.

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**TAAM PATS | DEEP TISSUE | 90 MIN • 60 MIN**

Release your body from muscle tension that causes pain or restricts your movement. Our experienced therapists will work on your anatomy in a deeper muscle level, combining stretching exercises to help balance and relax your full body tension. Excellent for athletes in general and lovers of firm and deep tissue massages.

**CHAMBEL YOOT | SWEDISH | 90 MIN • 60 MIN**

Restore the harmony of your body and mind with this relaxing massage, using Swedish massage techniques. We have created a unique treatment to release stress and restore calm, this type of massage relaxes the nervous system, activates the proper circulation and helps detoxify of the body.

**SÁAL YOOT | NEUROSEDATIVE | 90 MIN**

Enjoy a light massage using lymphatic drainage techniques that achieves fully detox, fluid retention and inflammation. Through a soft and slow massage technique to gently stimulate the flow of lymphatic fluids, eliminate toxins and increase immunity to create general comfort in your entire being.

**PREGNANCY MASSAGE | 90 MIN • 60 MIN**

Pregnancy massage helps to reduce anxiety, ease muscle and joint pain, also improves labor outcomes and newborn health. Expectant mothers will enjoy our massage with an oil rich in vitamins to nourish and soothe the skin. Prepare to immerse yourself in a peaceful paradise in the serene environment of the spa enjoying the smooth hands of our professional therapists.

**YOOT OOK | REFLEXOLOGY | 60 MIN**

Reflexology neutralizes the effects of stress by inducing into a deep feet relaxation that calms the nervous system and allows the body to reach energetic balance. A foot therapy is very helpful, based on the theory that the points on the soles of the feet are specific areas of the body that are connected energetically. By stimulating these points, the corresponding body parts will relax and find their deep healing and balance.



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#### **MAYAN CLAY MASSAGE**

Mayan Clay is a unique natural cosmetic treatment designed in Tulum. This special treatment produces an amazing skin, face and hair repair results. Includes a full body clay massage with a special treatment for the skin, face and hair with the unique Mayan clay. Ending this wonderful healing treatment with a full body relaxing massage.

#### **MAYAN XUNAN KAB | MAYAN HONEY**

Xunab Kab is a deep face exfoliation created to moisturize naturally the dermis, also provides antibacterial properties, vitamins and natural enzymes for your skin that provides the proper care and beautify your skin naturally. This treatment includes a full body relaxing massage.

#### **MAYAN KAATEN KUXTAL | MAYAN RENAISSANCE**

This special massage uses an invigorating fusion of agave plant extracts combined with lime, cocoa, honey, natural proteins and minerals. The rebirth begins with a full body cleanse applying a gentle exfoliation. followed by a mud mask massage to eliminate impurities, ending the treatment with an ancestral lymphatic drainage massage using a natural extracts cream.

#### **MAYAN COPAL**

Let your body regain balance with this unique treatment that starts with a full body exfoliation using ancient Mayan gold (EL COPAL), followed by a relaxing massage mixed with copal mud mask and ending the experience with an exotic lavender and rosemary balm, to achieve harmony allowing to discover the spiritual world.

#### **XOCOLATL MAYA | CHOCOLATE**

Indulge all your senses starting with a chocolate exfoliation to remove dead skin cells, followed by a relaxing massage with a cocoa mask. Chocolate provides elasticity, softness, also creates antioxidants and vitamins, moisturizing the skin. Finishing this unique experience with a tonic of chocolate cream.

#### **MAYAN YOOT KEENE | MAYAN BELLY MASSAGE**

Mayan Yoot Keene is a special healing massage developed by the ancient Mayans. This special detoxifying therapy that focuses on revitalizing the digestive organs performing different healing techniques through gentle abdominal massage that allows to get rid of body toxins, improving the digestive system and releasing stored emotions.



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